



TELANGANA TRIBAL WELFARE RESIDENTIAL DEGREE COLLEGE FOR BOYS, KARIMNAGAR

(Affiliated to Satavahana University)

Address: H.No:8-82/8/1F, VITSE Engineering College Campus, Bommakal Bypass Road, Karimnagar - 505001



NCC ACTIVITIES

S.No	Particularities	Details
1.	Name of the Activity	"International Yoga day"
2	Details of collaborating agency/ organizing agency	NCC TTWRDC(B), Karimnagar
3	location	PARAMITA HIGH SCHOOL-KARIMNAGAR
4	Dates	21 st June 2023
5	Number of Officers participated	02
6	Number of students participated	20
7	Report content	International Yoga Day is celebrated with enthusiasm all over the world on 21 June. Sri Narendra Modi proposed the idea of an International Yoga Day on 27 September 2014. He chose this day because this is the longest day in the northern hemisphere and has great significance in many parts of the world. Yoga is a form of meditation which makes people's lives better holistically. It attempts to promote physical and mental fitness for the mind, body, and soul. It also revitalizes our bodies and promotes tranquility.
8	photos	

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